



Join us as guest speaker and author, Sylvia L. Williams, leads us in a powerful day of praise, worship, study, and connection. Participants will explore how prayer can refresh as well as sustain, discover their spiritual gifts, and find new energy together with other women seeking God's renewing touch.



Sylvia L. Williams

What to Expect

- Music
- Crafts
- Prayer
- Great food
- Worship
- Community
- Study
- Inspiration

Date & Time:

Saturday, September 20, 2025 8:30am - 4:30pm Asbury UMC 10000 Candelaria NE, Albuquerque



Scan Me to Learn More and Register

Register Online at:

https://asburyabq.org/pages/soulcare-retreat